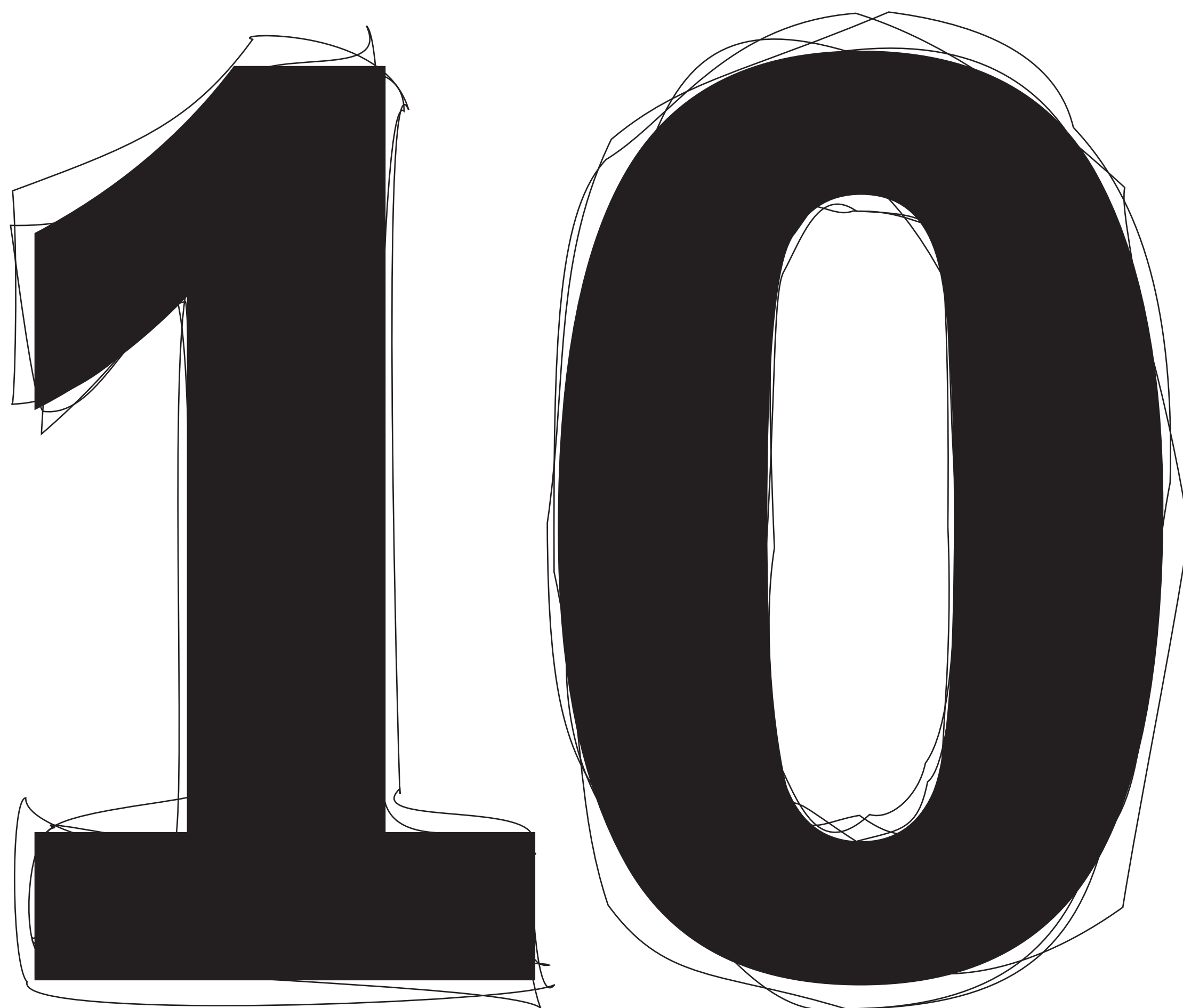


EARLY DETECTION OF CANCER CAN SAVE LIVES

Know the **10** warning signals



1 A sore that does not heal, changed color, ulcerates or bleeds.



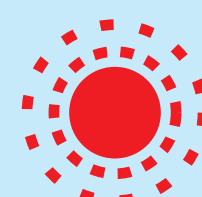
2 Unusual bleeding or discharge from any opening in the body, example, blood in the urine, stool, frequent or heavy menstruation.



3 A lump or swelling that has progressively enlarged which may or may not be associated with pain.



6 Obvious change in in size or texture in a wart or mole.



REDUCE CANCER RISK, ADOPT A HEALTHY LIFESTYLE

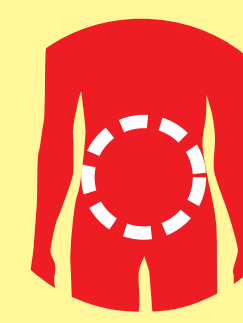
4 Indigestion or difficulty in swallowing.



7 Non smokers' cough or hoarseness of voice that persist for more than 2 weeks. Smokers' cough that becomes intense.



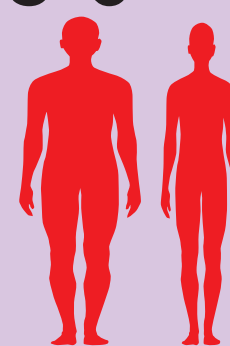
9 Persistent pain or discomfort in the abdomen.



5 Change in bowel or bladder habits consistently for a duration of 2-3 months.



8 Unexplained tiredness and /or weight loss of 10% or more within a period of 3-6 months.



10 Unexplained fever.

